

Magnesium Complex Item #4000 (rev.6)

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 160

Amount Per Serving	% Daily Value	
Vitamin B ₆ (as Pyridoxine HCl)	10 mg	588%
Magnesium (as Magnesium Oxide, Magnesium Bisglycinate Chelate buffered)	133.4 mg	32%
Manganese (as Manganese Chelate)	5 mg	217%
Alfalfa (Leaves and Stems)	200 mg	†

† Daily Value Not Established

Other Ingredients: Food Glaze, Mono- and Diglycerides, Croscarmellose Sodium, Stearic Acid, Gum Arabic, Magnesium Stearate, Silicon Dioxide.